



Education

CYMRU – WALES

COURSE PROGRAMME 2025/26

Cynhadledd Polisi
Cymraeg Uno
Unite Welsh Policy
Conference

2024



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How to apply for a course:

Education Department,
Unite Regional Office,
1 Cathedral Road,
Cardiff,
CF11 9SD

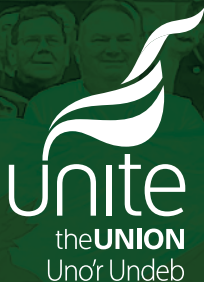
Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education

PLEASE NOTE THAT ALL THESE COURSES ARE NON-RESIDENTIAL AND ACCOMMODATION WILL ONLY BE GRANTED IN EXCEPTIONAL CIRCUMSTANCES WITH AGREEMENT FROM THE DIRECTOR OF EDUCATION.

All travel expenses are reimbursed.



Swyddi, Tâl ac Amodau



Glyn Conolly
Education and Development Organiser

Message to Unite Members

Welcome to the 2025/2026 Unite Wales Education brochure

Unite is a trade union dedicated to improving the pay and conditions of its members. Our reps education programme supports this through the delivery of training that equips our reps with the skills and confidence to be strong and effective in the workplace. Building workplace power is how we hold employers to account and win for our members.

Unite training is delivered by tutors who have all been at the sharp end themselves, representing Unite members in their own workplaces. Courses are delivered in a friendly and informal way, enabling reps to build relationships and contacts with activists from other workplaces and sectors. Unite education is delivered in a variety of ways, primarily in person at our Unite offices across Wales. We also offer our workplace reps the ability to complete their training online through Zoom. Reps have the ability to mix and match how they attend our courses, ensuring that whatever part of Wales they are from, they are able to access the training they need.

For Workplace Reps and Health and Safety Reps we provide a clear 20 day training pathway, with courses split into 4 modules. All our courses require reps to secure paid release from their employer and are delivered during the week from 9.30am – 4.00pm. Your full time officer can help you to secure paid release if you experience difficulties.

This year we will be running new refresher training for both workplace reps and health and safety reps, who may have completed all of the introductory training Unite offers. These courses titled “Advanced Reps Refresher Training”

will be available in both our offices and online. We have also introduced a new Accident Investigation course.

In addition to the fantastic courses for our Workplace Reps, Health and Safety, Equality and Learning Reps, we can also run bespoke courses and bite size training upon request. Unite education is very flexible and if our advertised courses don't suit your working patterns please get in touch. We are usually able to provide training designed to meet the specific needs of your workplace.

All of our courses are delivered in partnership with Adult Learning Wales. If you sign up to one of our online courses please be reassured that participation is very simple and you will receive pre-course help to familiarise yourself with online learning. The only technology you require to participate is a tablet or computer.

Please take a few minutes to look through this brochure and sign up for one of the many courses on offer. To apply please contact us by email at education.wales@unitetheunion.org or telephone 02920 022753. Alternatively, you can view all of our course dates online at: www.unitetheunion.org/education.

Being a Unite activist is a tough but rewarding role and Unite education is here to support you. If you require any further information then please get in touch.

In solidarity

Glyn Conolly
Education and Development Organiser

Neges i'r Aelodau Uno

Croeso i Lyfryn Addysg Uno Cymru 2025/2026

Mae Uno yn undeb llafur sy'n ymroddedig i wella cyflog ac amodau ei aelodau. Mae ein rhaglen cynrychiolwyr addysg yn cefnogi hyn trwy ddarparu hyfforddiant sy'n arfogi ein cynrychiolwyr efo'r sgiliau a'r hyder i fod yn gryf ac effeithiol yn y gweithle. Adeiladu pwŷer yn y gweithle yw sut yr ydym yn dal cyflogwyr yn gyfrifol ac ennill dros ein haelodau.

Hyfforddiant Uno yn cael eu darparu gan diwtoriaid sydd gyd wedi bod ar y pen craff eu hunain, gan gynrychioli aelodau Uno yn eu gweithleoedd eu hunain. Cyflwynir y cyrsiau mewn ffordd gyfeillgar ac anffurfiol, sy'n galluogi cynrychiolwyr i feithrin perthnasoedd a chysylltiadau ag ymgyrchwyr o weithleoedd a sectorau eraill. Mae addysg Uno yn cael ei ddarparu mewn amrywiaeth o ffyrdd, yn bennaf yn ein swyddfeydd Uno ledled Cymru. Rydym hefyd yn cynnig y gallu i'n cynrychiolwyr gweithle gwblhau eu hyfforddiant ar-lein trwy Zoom. Mae gan gynrychiolwyr y gallu i gymysgu a chyfateb i'r ffordd y maent yn mynychu ein cyrsiau, gan sicrhau, beth bynnag rhan o Gymru y maent yn dod, eu bod yn gallu cael mynediad at yr hyfforddiant sydd ei angen arnynt.

Ar gyfer Cynrychiolwyr yn y Gweithle a Chynrychiolwyr Iechyd a Diogelwch rydym yn darparu hyfforddi llwybr 20 diwrnod, gyda chyrsiau wedi'u rhannu'n 4 modiwl. Ein holl cyrsiau'n gofyn i gynrychiolwyr sicrhau rhyddhad cyflogedig gan eu cyflogwr ac fe'u cyflwynir yn ystod yr wythnos rhwng 9.30yb a 4.00yh. Gall eich swyddog llawn amser eich helpu i sicrhau rhyddhad â thâl os ydych chi'n cael anawsterau.

Eleni byddwn yn cynnal hyfforddiant newydd i'n cynrychiolwyr profiadol sydd wedi cwblhau'r holl hyfforddiant rhagarweiniol y mae Uno yn ei gynnig. Bydd y cwrs hwn

o'r enw "Hyfforddiant Cynrychiolwyr Uwch" ar gael yn ein swyddfeydd ac ar-lein. Rydym hefyd wedi cyflwyno cwrs Ymchwilio i Ddamweiniau newydd.

Yn ogystal â'r cyrsiau gwych ar gyfer ein Cynrychiolydd Gweithle, Iechyd a Diogelwch, Cydraddoldeb a Dysgu, gallwn hefyd gynnal cyrsiau sydd wedi addasu i'ch gweithle pryd fod angen. Mae addysg Uno yn hyblyg iawn ac os nad yw ein cyrsiau a hysbysebwr yn addas i'ch patrymau gwaith, cysylltwch â ni. Fel arfer, gallwn ddarparu hyfforddiant sydd wedi'i gynllunio i gwrdd â'ch anghenion penodol eich gweithle.

Mae ein holl gyrsiau yn cael eu darparu mewn partneriaeth ag Addysg Oedolion Cymru. Os ydych yn cofrestru ar gyfer un o'n cyrsiau ar-lein, byddwch yn dawl eich meddwl bod cymryd rhan yn syml iawn a byddwch yn derbyn cymorth cyn y cwrs i ymgfarwyddo â dysgu ar-lein. Yr unig dechnoleg sydd ei hangen arnoch i gymryd rhan yw tabled neu gyfrifiadur.

Cymerwch ychydig funudau i edrych drwy'r llyfryn hwn a'i lofnodi i fyny ar gyfer un o'r nifer o gyrsiau sydd ar gael. I wneud cais, cysylltwch os gwelwch yn dda drwy e-bost yn education.wales@unitetheunion.org neu dros y ffôn 02920 022753. Fel arall, gallwch weld holl ddyddiadau ein cwrs ar-lein: www.unitetheunion.org/education.

Mae bod yn actifydd Uno yn rôl anodd ond gwerth boddhaol ac mae addysg Uno yma i'ch cefnogi. Os oes angen rhagor o wybodaeth arnoch, cysylltwch â ni.

Mewn undod

Glyn Conolly

Trefnydd Addysg a Datblygu

Workplace Reps Introductory Certificate

Module 1A & 1B | Duration: 10 days

Course description:

This course is designed to be the core initial training for Unite Workplace reps. The course covers the wide range of knowledge and skills needed by the new Rep including:

- Key skills for organising your workplace
- Handling discipline and grievance cases
- Communication skills
- Introduction to Employment Law Equality at Work
- Understanding the concept of 'good work'
- Understanding and dealing with Issues around Dignity and Respect in the workplace
- Problem solving skills
- Bargaining skills
- Work-life balance
- Building a strong workplace union

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Venue	Start	End	Duration
Online 📺	10 Sept 2025	12 Nov 2025	10 Wednesdays
Online 📺	13 Jan 2026	17 Mar 2026	10 Tuesdays
Online 📺	07 May 2026	09 July 2026	10 Thursdays
Bangor	10 Sept 2025	12 Nov 2025	10 Wednesdays
Bangor	07 May 2026	09 July 2026	10 Thursdays
Cardiff	08 Sept 2025	10 Nov 2025	10 Mondays
Cardiff	12 Jan 2026	16 Mar 2026	10 Mondays
Cardiff	05 May 2026	07 July 2026	10 Tuesdays
Pontypool	09 Sept 2025	11 Nov 2025	10 Tuesdays
Pontypool	07 May 2026	09 July 2026	10 Thursdays
Swansea	08 Sept 2025	10 Nov 2025	10 Mondays
Swansea	13 Jan 2026	17 Mar 2026	10 Tuesdays
Swansea	06 May 2026	08 July 2026	10 Wednesdays
Wrexham	08 Sept 2025	10 Nov 2025	10 Mondays
Wrexham	12 Jan 2026	16 Mar 2026	10 Mondays
Wrexham	05 May 2026	07 July 2026	10 Tuesdays

Workplace Reps Introductory Certificate

Module 1A | Duration: 5 consecutive days

Venue	Start	End
Online 	01 Sept 2025	05 Sept 2025
Online 	01 Dec 2025	05 Dec 2025
Online 	13 Apr 2026	17 Apr 2026

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Module 1B | Duration: 5 consecutive days

Venue	Start	End
Online 	17 Nov 2025	21 Nov 2025
Online 	23 Mar 2026	27 Mar 2026
Online 	13 July 2026	17 July 2026

○ Workplace Reps Introductory Certificate

Module 2A & 2B | Duration: 10 days

Course description:

The course is designed as follow on training for those representatives who have already completed Modules 1A and 1B of the Workplace Reps programme, or stage one of the TUC programme.

This course covers:

- Improving confidence and knowledge in exploring, questioning and using employment law
- Exploring research skills and developing the ability to find out how legal provisions impact on your members rights in the workplace
- How changes to employment law impact on your workplace rights
- Planning alternative solutions other than employment law to your workplace issues
- Working as a team to develop collective actions
- Rights to information
- Workplace Rights
- Collective Bargaining
- Agreements
- The Case for Collective Agreements
- Planning for getting an agreement
- Collective Bargaining and Negotiation

Venue	Start	End	Duration
Online 📺	14 Jan 2026	18 Mar 2026	10 Wednesdays
Cardiff	09 Sept 2025	11 Nov 2025	10 Tuesdays
Cardiff	08 May 2026	10 July 2026	10 Fridays
Pontypool	14 Jan 2026	18 Mar 2026	10 Wednesdays
Swansea	14 Jan 2026	18 Mar 2026	10 Wednesdays
Wrexham	09 Sept 2025	11 Nov 2025	10 Tuesdays
Wrexham	08 May 2026	10 July 2026	10 Fridays

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Workplace Reps Introductory Certificate

Module 2A | Duration: 5 days

Course description:

The course is designed as follow on training for those representatives who have already completed Modules 1A and 1B of the Workplace Reps programme, or stage one of the TUC programme.

This course covers:

- Improving confidence and knowledge in exploring,questioning and using employment law
- Exploring research skills and developing the ability to find out how legal provisions impact on your members rights in the workplace
- How changes to employment law impact on your workplace rights
- Planning alternative solutions other than employment law to your workplace issues
- Working as a team to develop collective actions

Venue	Start	End	Duration
Online 📺	13 Nov 2025	11 Dec 2025	5 Thursdays
Online 📺	12 Feb 2026	12 Mar 2026	5 Thursdays
Cardiff	25 Sept 2025	23 Oct 2025	5 Thursdays
Wrexham	25 Sept 2025	23 Oct 2025	5 Thursdays

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

○ Workplace Reps Introductory Certificate

Module 2B | Duration: 5 days

Course description:

The course is designed as follow on training for those representatives who have already completed Modules 1A, 1B and 2A of the Workplace Reps programme.

This course covers:

- Rights to information
- Workplace Rights
- Collective Bargaining
- Agreements
- The Case for Collective Agreements
- Planning for getting an agreement
- Collective Bargaining and Negotiation

Venue	Start	End	Duration
Online 📺	06 Feb 2026	06 Mar 2026	5 Fridays
Online 📺	05 May 2026	02 June 2026	5 Tuesdays
Cardiff	20 Jan 2026	17 Feb 2026	5 Tuesdays
Wrexham	20 Jan 2026	17 Feb 2026	5 Tuesdays

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

○ Advanced Workplace Reps Refresher Training

Duration: 3 days

Course description:

This course is designed for experienced reps who wish to update their knowledge and skills. Its is an opportunity to share skills and experience with other reps.

This course covers:

- Changes to employment law, new legislation and the impact on workplace rights
- Promoting equality in the workplace
- Effective organising and campaigning
- Leadership roles in the branch structure
- Negotiation skills

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Venue	Start	End	Duration
Online 📺	23 Sept 2025	07 Oct 2025	3 Tuesdays
Online 📺	30 Mar 2026	01 Apr 2026	3 consecutive days
Cardiff	18 Nov 2025	02 Dec 2025	3 Tuesdays
Pontypool	30 Mar 2026	01 Apr 2026	3 consecutive days
Swansea	30 Mar 2026	01 Apr 2026	3 consecutive days
Wrexham	18 Nov 2025	02 Dec 2025	3 Tuesdays

○ Pensions

Stage 1 | Duration: 5 consecutive days

Course description:

This course is designed to provide an understanding of pensions to enable Workplace representatives to develop their representational skills in basic pension provision.

Stage 2 | Duration: 5 consecutive days

Course description:

Stage 2 of the pensions course looks at trustee decision making, the role of the actuary, fund investment strategies, negotiating pension issues and pension disputes resolution.

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Venue	Start	End
Cardiff	24 Nov 2025	28 Nov 2025
Online 	09 March 2026	13 March 2026

Venue	Start	End
Online 	15 June 2026	19 June 2026

○ Health & Safety Reps Certificate

Module 1A & 1B | Duration: 10 days

Course description:

This course is the essential course for all new Unite Health & Safety Representatives. It is designed to help you build the skills, knowledge and confidence to organise effectively in order to carry out your work as a Safety Rep as well as to create understanding of how economic and others aspects affect the working lives, health, safety and welfare of working people.

This course covers:

- Understanding the role of a Unite Safety Rep
- The legal framework of Health & Safety
- Rights of Safety Reps
- Involving the members in Health & Safety
- Accident investigations – Risk assessments

Application:

To apply for courses please contact your education department:

Tel: 02920 022753 **Email:** education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Venue	Start	End	Duration
Online 📺	12 Sept 2025	14 Nov 2025	10 Fridays
Online 📺	15 Jan 2026	19 March 2026	10 Thursdays
Online 📺	08 May 2026	10 July 2026	10 Fridays
Bangor	13 Jan 2026	17 March 2026	10 Tuesdays
Cardiff	10 Sept 2025	12 Nov 2025	10 Wednesdays
Cardiff	16 Jan 2026	20 March 2026	10 Fridays
Cardiff	06 May 2026	08 July 2026	10 Wednesdays
Pontypool	11 Sept 2025	13 Nov 2025	10 Thursdays
Pontypool	05 May 2026	07 July 2026	10 Tuesdays
Swansea	12 Sept 2025	14 Nov 2025	10 Fridays
Swansea	11 May 2026	20 July 2026	10 Mondays (excl. 25 May)
Wrexham	10 Sept 2025	12 Nov 2025	10 Wednesdays
Wrexham	16 Jan 2026	20 March 2026	10 Fridays
Wrexham	06 May 2026	08 July 2026	10 Wednesdays

○ Health & Safety Reps Certificate

Module 2A & 2B | Duration: 10 days

Course description:

Part three of Unite's Health & Safety training builds upon the knowledge learnt in Module 1B.

The course covers:

- Assessment of workplace action plan
- Understanding COSHH and related hazards
- Carrying out a workplace audit
- Explore manual handling and ergonomic risks
- Creating a healthier work environment
- Understanding accidents and finding route cause
- Investigation techniques
- Managing risks and incidents

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Venue	Start	End	Duration
Online 📺	08 Sept 2025	10 Nov 2025	10 Mondays
Online 📺	11 May 2026	20 July 2026	10 Mondays (excl. 25 May)
Cardiff	15 Jan 2026	19 March 2026	10 Thursdays
Pontypool	12 Jan 2026	16 March 2026	10 Mondays
Swansea	12 Jan 2026	16 March 2026	10 Mondays
Wrexham	11 Sept 2025	13 Nov 2025	10 Thursdays
Wrexham	15 Jan 2026	19 March 2026	10 Thursdays

○ Health & Safety Reps Certificate

Module 2A | Duration: 5 days

Course description:

Part three of Unite's Health & Safety training builds upon the knowledge learnt in Module 1B.

The course covers:

- Assessment of workplace action plan
- Understanding COSHH and related hazards
- Carrying out a workplace audit
- Explore manual handling and ergonomic risks
- Creating a healthier work environment

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Venue	Start	End	Duration
Online 📺	17 Nov 2025	15 Dec 2025	5 Mondays
Cardiff	09 Jan 2026	06 Feb 2026	5 Fridays
Wrexham	09 Jan 2026	06 Feb 2026	5 Fridays

○ Health & Safety Reps Certificate

Module 2B | Duration: 5 days

Course description:

Part four of Unite's Health & Safety training builds upon the knowledge learnt in Module 2A.

The course covers:

- Assessment of workplace action plan
- Understanding accidents and finding route cause
- Investigation techniques
- Managing risks and incidents

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Venue	Start	End	Duration
Online 📺	13 Feb 2026	13 March 2026	5 Fridays
Cardiff	08 June 2026	06 July 2026	5 Mondays
Wrexham	08 June 2026	06 July 2026	5 Mondays

○ Accident Investigation

Duration: 3 days

Course description:

This course covers the principals of health and safety investigations following on from an accident in the workplace. This course is a natural follow on from Health and Safety modules 1A, 1B, 2A & 2B.

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Venue	Start	End	Duration
Online 📺	18 Sept 2025	02 Oct 2025	3 Thursdays
Online 📺	07 Apr 2026	21 Apr 2026	3 Tuesdays
Cardiff	20 Nov 2025	04 Dec 2025	3 Thursdays
Pontypool	13 Apr 2026	27 Apr 2026	3 Mondays
Swansea	28 Apr 2026	30 Apr 2026	3 consecutive days
Wrexham	20 Nov 2025	04 Dec 2025	3 Thursdays

○ Advanced Health & Safety Reps Refresher Training

Duration: 3 days

Course description:

This course is for experienced Unite health and safety reps looking to refresh their knowledge of current workplace issues, legal updates, and Unite's health and safety strategy. It also provides an opportunity to share experiences and exchange ideas with reps from other workplaces.

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Venue	Start	End	Duration
Online 📺	11 Sept 2025	25 Sept 2025	3 Thursdays
Online 📺	08 Apr 2026	22 Apr 2026	3 Wednesdays
Cardiff	19 Nov 2025	03 Dec 2025	3 Wednesdays
Pontypool	28 Apr 2026	30 Apr 2026	3 consecutive days
Swansea	28 Apr 2026	30 Apr 2026	3 consecutive days
Wrexham	19 Nov 2025	03 Dec 2025	3 Wednesdays

O Union Learning Reps

Stage 1 | Duration: 5 days

Course description:

This course is designed to be the core initial training for all Unite Union Learning Reps (ULRs). It helps them develop the basic knowledge and skills needed as a new Rep, enabling them to work with colleagues in the workplace to analyse training needs. The course forms a solid foundation for the new ULR to develop their skills and their own personal development.

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Venue	Start	End	Duration
Online	07 Nov 2025	05 Dec 2025	5 Fridays
Online	20 Apr 2026	01 June 2026	5 Monday (excl. 4th & 25th May)

○ Equality & Diversity

Duration: 5 days

Course description:

Designed to give all Unite Reps the confidence and knowledge to address equality and diversity issues, the course provides a comprehensive overview of equality in the workplace.

On completion of the course Reps should be able to:

- Recognise equality issues within the workplace
- Know what constitutes discrimination, harassment and bullying
- Challenge their perception of equality & diversity
- Understand the key points of new equalities legislation, measures and legal decisions
- Decide how best to support workers in response to new equalities legislation
- Use interviewing techniques to deal with individual and workplace equality issues
- Develop equality policies and practice

Venue	Start	End	Duration
Online 📺	10 Sept 2025	08 Oct 2025	5 Wednesdays
Online 📺	09 Jan 2026	06 Feb 2026	5 Fridays
Online 📺	06 May 2026	03 June 2026	5 Wednesdays

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

○ Branch Secretary & Branch Officials

Duration: 5 days

Course description:

The Branch Secretary is a key player in the Unite team. The concept of this course is to develop Branch Secretaries within Unite by providing them with the knowledge and skills, and nurturing their passion, to drive forward the ideology of our union, to develop our activist base and grow and strengthen our membership. This course is designed for all new Branch Secretaries, and for those who have not attended the course recently.

This course includes:

- The administrative role of the Branch Secretary
- How the union works
- How 'lay democracy' starts at local branch level
- Understanding organisation procedures
- Encouraging active participation within the Unite structure
- Branch Finance
- Understanding the 'Strategy for Growth' and the crucial role that the branch plays
- Setting out a local 'strategy for growth' for recruitment, retention and participation in branch life
- Branch Portal
- Chairing and Organising Skills

Venue	Start	End	Duration
Online 📺	19 Mar 2026	16 Apr 2026	5 Thursdays
Online 📺	18 June 2026	16 July 2026	5 Thursdays
Cardiff	26 Sept 2025	24 Oct 2025	5 Fridays
Wrexham	26 Sept 2025	24 Oct 2025	5 Fridays

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Additional Courses

Challenging Bullying & Harassment

Duration: 3 days

Course description:

Bullying and harassment is a major problem in many workplaces.

This course will enable you to:

- Identify the various forms that bullying and harassment can take
- Implement strategies to deal effectively with bullying and harassment cases
- Deal with mental health issues and work related stress

Application:

To apply for courses please contact your education department:

Tel: 02920 022753

Email: education.wales@unitetheunion.org

Or visit: www.unitetheunion.org/education to complete the online application form

Venue	Start	End	Duration
Online 📺	05 Nov 2025	19 Nov 2025	3 Wednesdays
Online 📺	22 Apr 2026	24 Apr 2026	3 consecutive days
Cardiff	06 Jan 2026	08 Jan 2026	3 consecutive days
Wrexham	06 Jan 2026	08 Jan 2026	3 consecutive days

Additional Courses

Mental Health Awareness

Duration: 3 days

Course description:

This course will help Reps develop a better understanding of mental health issues and how they affect members in the workplace. You will develop an understanding of Disability Discrimination Law and how it applies to people with mental health illnesses. The training will enable you to develop a strategy to deal with workplace mental health issues and ensure employees are not discriminated against.

Application:

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Or visit: www.unitetheunion.org/education to complete the online application form

Venue	Start	End	Duration
Online 📺	13 Nov 2025	27 Nov 2025	3 Thursdays
Online 📺	07 July 2026	21 July 2026	3 Tuesdays
Cardiff	23 March 2026	25 March 2026	3 consecutive days
Wrexham	23 March 2026	25 March 2026	3 consecutive days

○ All Office Addresses

Regional Office

Cardiff Unite the Union, 1 Cathedral Road, Cardiff, CF11 9SD
T: 02920 394521

District Offices

Bangor Unite the Union, 30 Dean Street, Bangor, Gwynedd, LL57 1UR
T: 01248 362098

Cardiff Unite the Union, 1 Cathedral Road, Cardiff, CF11 9SD
T: 02920 394521

Milford Haven Unite the Union, Robert Street, Milford Haven, SA73 2HS
T: 01646 690618

Pontypool Unite the Union, 3-3A High Street, Pontypool, Torfaen, NP4 6EY
T: 01495 762222

Swansea Unite the Union, 19 High Street, Swansea, SA1 1LF
T: 01792 472410

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Education

CYMRU – WALES

COURSE PROGRAMME 2025/26

