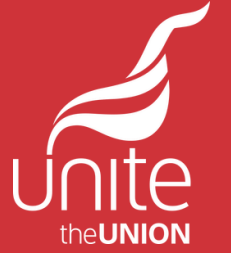


BUS DRIVER FATIGUE: INITIAL FINDINGS & REPORT

INTRODUCTION



1

Unite London & Eastern conducted a survey of London bus drivers throughout November 2025. The survey was designed to get a better understanding of fatigue and its impact, something bus drivers have long campaigned on.

2

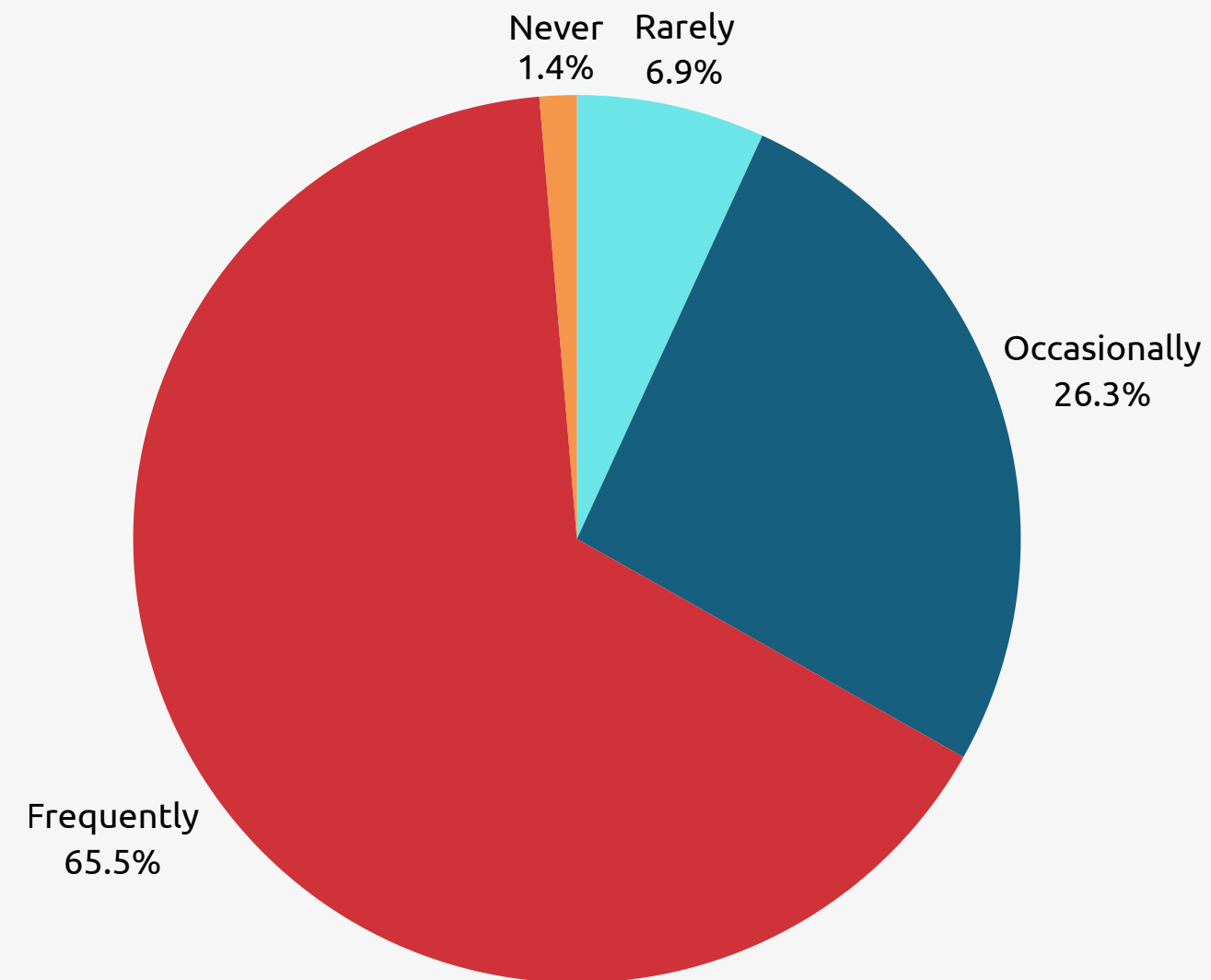
There were 2,143 responses, representing between 9 - 10% of all London bus drivers, compared to 1,353 responses to the fatigue survey carried out by Loughborough University as part of their 2019 report.

3

Unite's survey questions were based on those asked in 2019, however the responses - seen over the following pages - suggest that conditions have worsened significantly for London bus drivers.

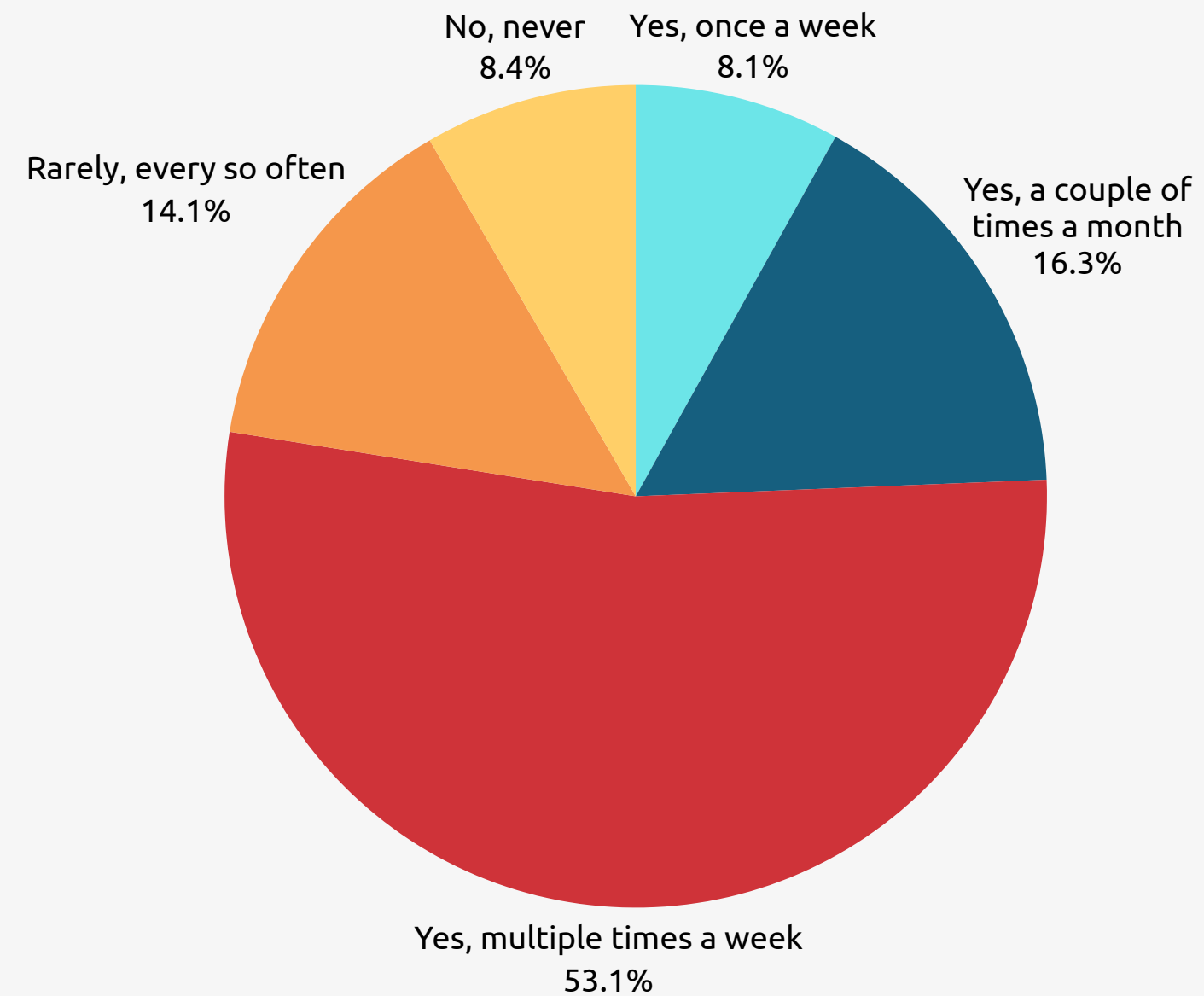
RESULTS

How often do your schedules not have enough running time for you to finish your trips on time?

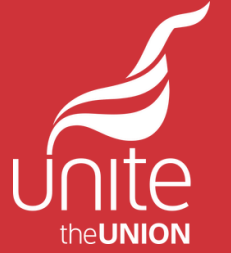


RESULTS

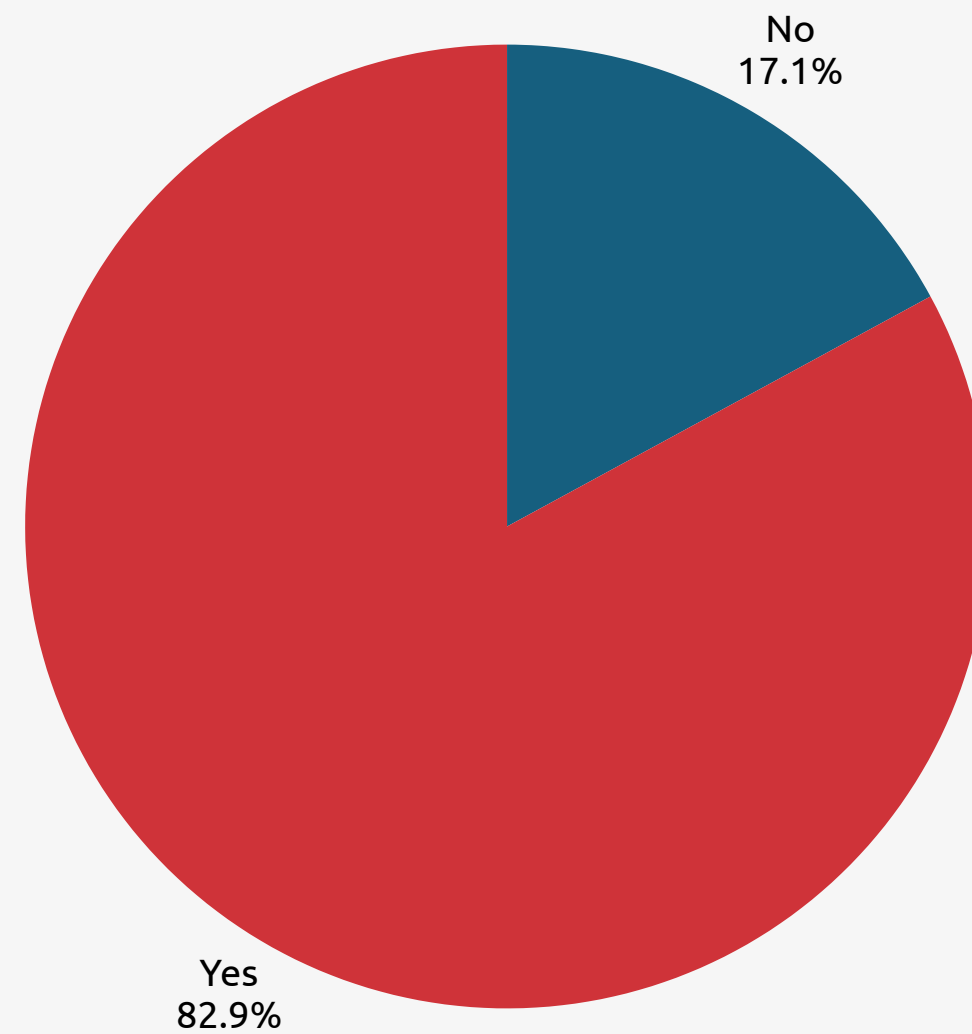
Have you ever been forced to do overtime or finish later due to insufficient running time?



RESULTS

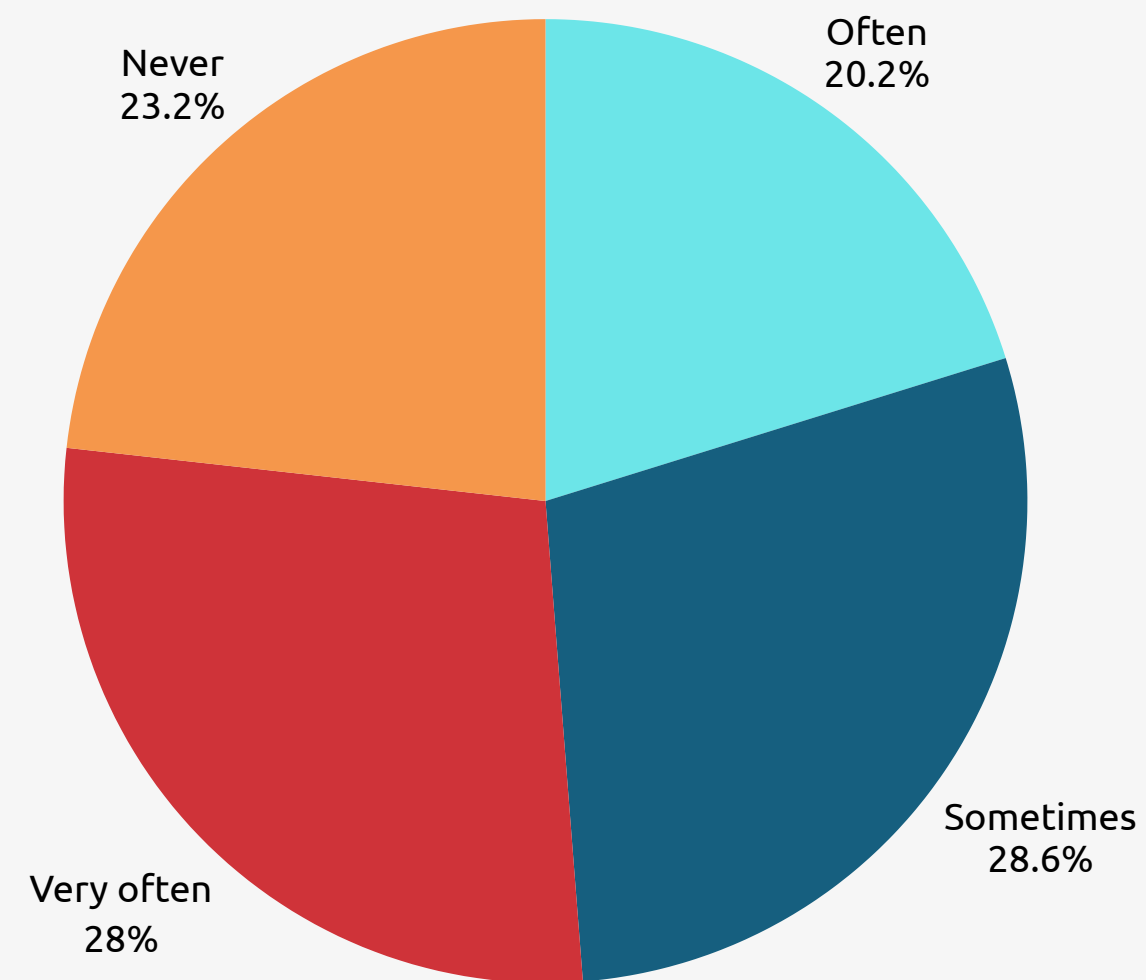


Do you fear discipline, loss of earnings, loss of rest day working, and other negative impacts if you tell the company you are fatigued?



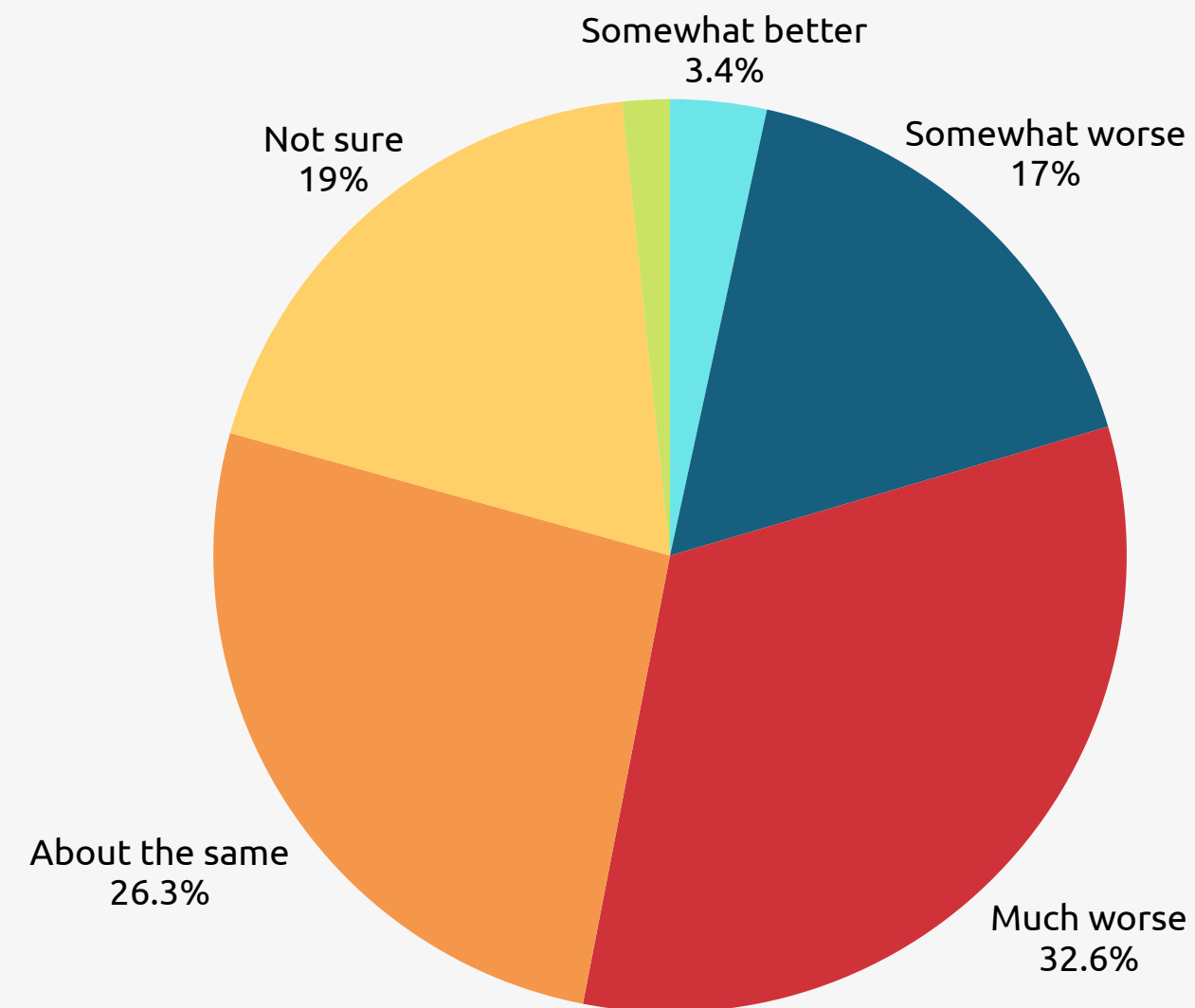
RESULTS

How often do you feel you have been pressured to come to work when you aren't necessarily fit to work?



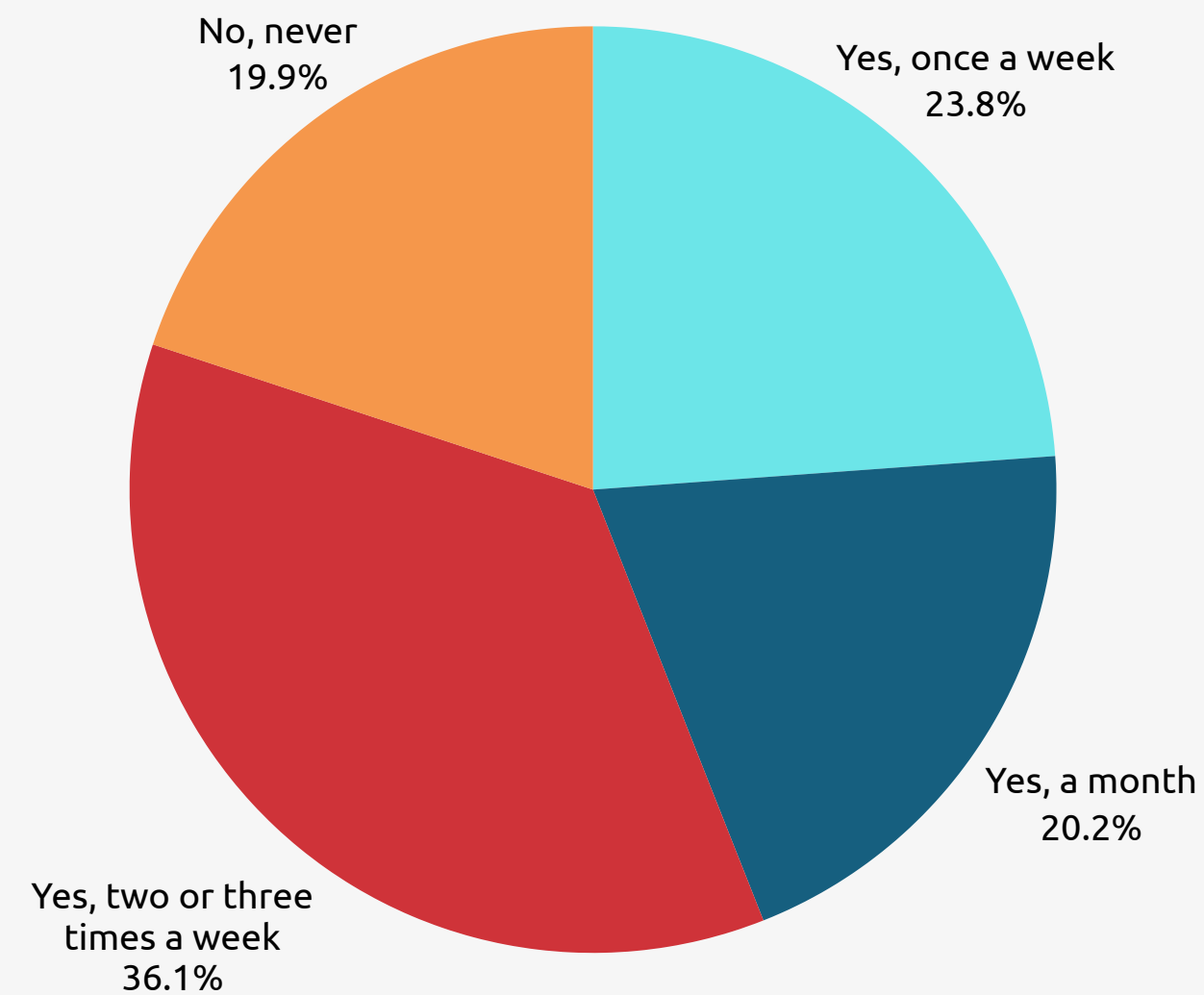
RESULTS

In 2019, TfL commissioned a report into London bus driver fatigue and its causes, in your experience as a driver, have things got better or worse since 2019?



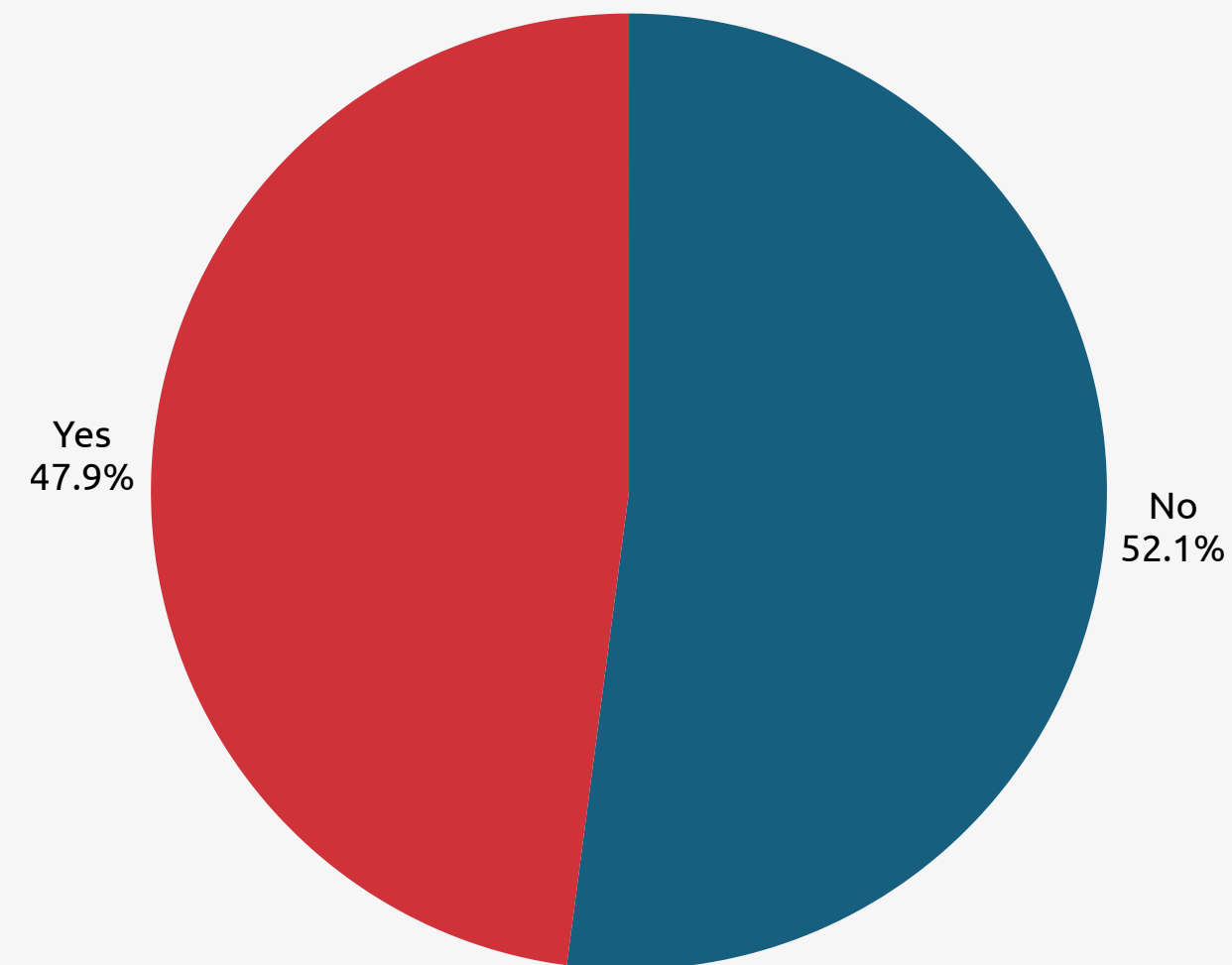
RESULTS

Have you experience sleepiness while driving within the past month?



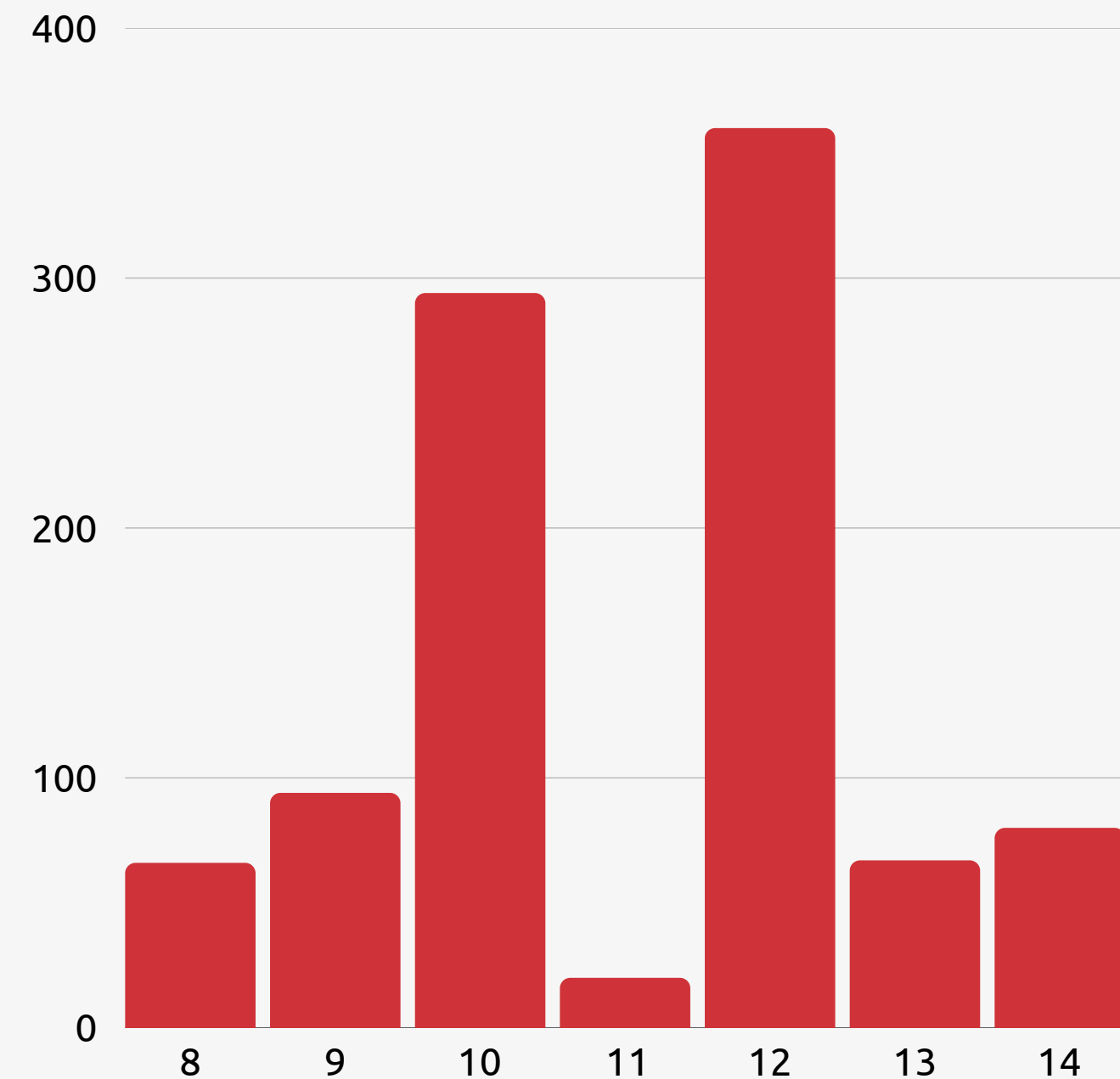
RESULTS

Have you had a 'close call' due to fatigue in the past 12 months?



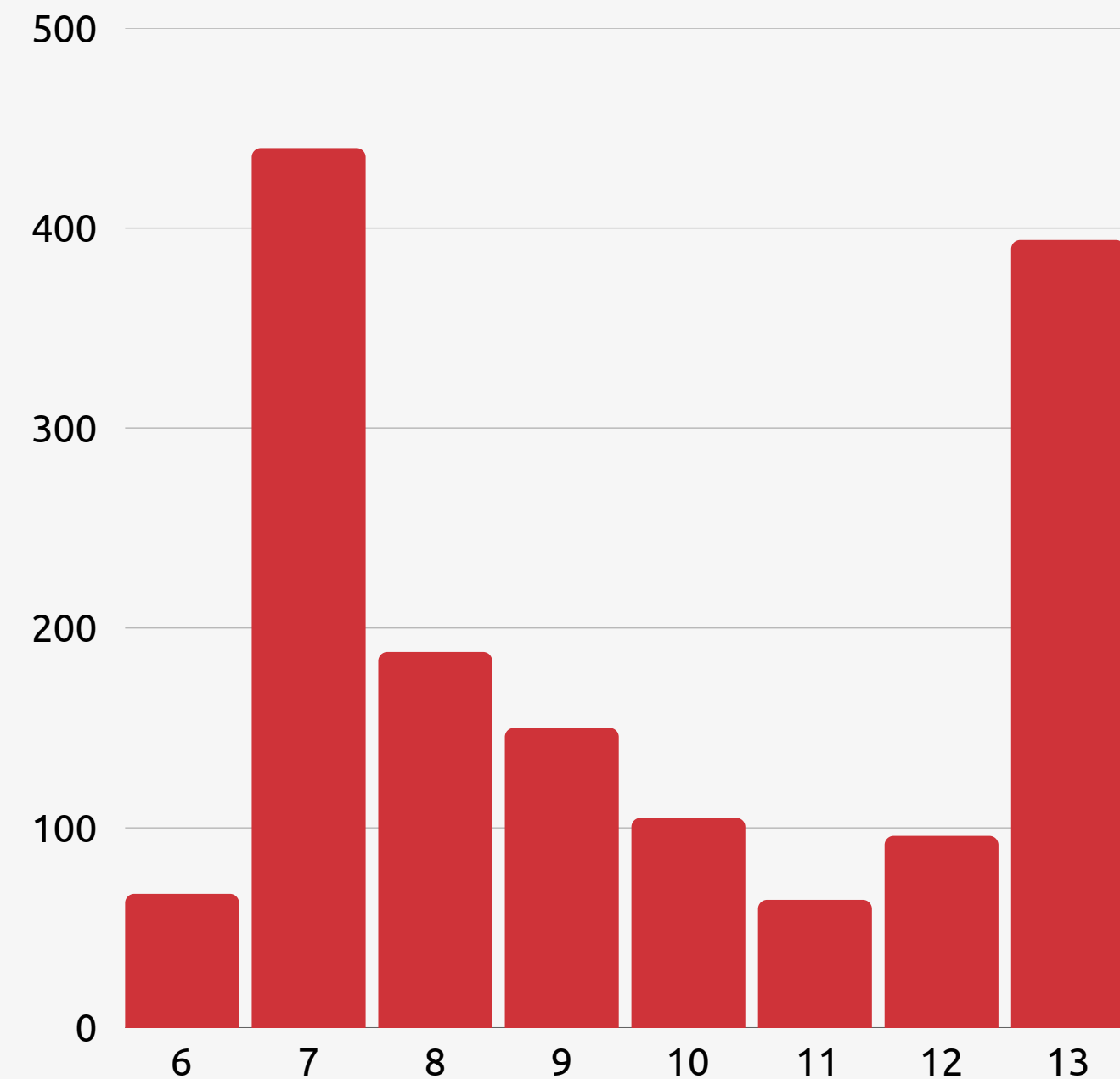
RESULTS: LENGTH OF DAY SNAPSHOT

Respondents were asked to fill a free text box with the length of their average working day - door-to-door - in hours. The full set of responses requires further analysing, but the chart reflects the most common answers in hours (x-axis) and number of respondents (y-axis).



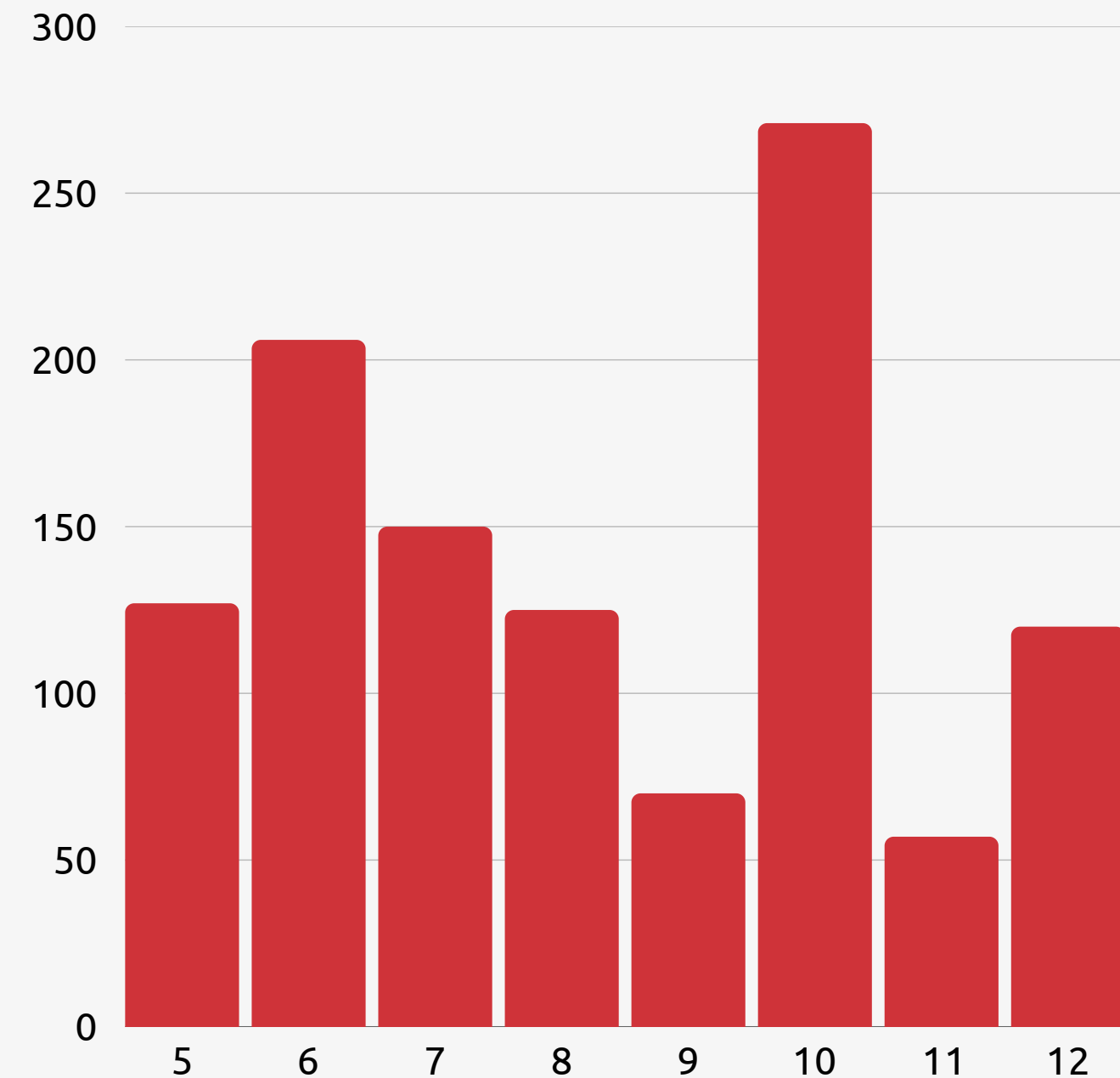
RESULTS: WORKING DAYS WITHOUT A REST SNAPSHOT

Respondents were asked to fill a free text box with the highest number of days they have worked without a rest day / day off. The full set of responses requires further analysing, but the chart reflects the most common answers in days (x-axis) and number of respondents (y-axis).



RESULTS: HOURS REST BEFORE AN EARLY SHIFT SNAPSHOT

Respondents were asked to fill a free text box with the highest number of days they have worked without a rest day / day off. The full set of responses requires further analysing, but the chart reflects the most common answers in hours (x-axis) and number of respondents (y-axis).



RESULTS

Do you feel you have good rest facilities (i.e. breakroom, kitchen, toilet)?

